

BBSA Covid-19 Update, December 10, 2020

I hope this update finds all of you safe and healthy. As we all know, over the last few weeks COVID-19 cases have spiked up around the state of Virginia. Hampton Roads and the surrounding area, including the Eastern Shore, make up about 15% of this spike. I am hearing from our members and others in the sailing community who have been exposed to COVID-19, have COVID-19, or have a family member who is sick from COVID-19. We have had members who thought they may have been COVID positive but tested positive for the flu or had a common cold/sinus infection. This is not a good time to be sick with anything, especially something that could require a hospital visit.

Governor Northam announced adjustments to the state guidelines yesterday. These adjustments include gatherings of no more than 10 people. BBSA (including LCSA, Willoughby Racers, and Hobie Fleet 32) will continue to operate with no in-person gatherings. Membership meetings and any training sessions will be put on hold unless a virtual format, such as ZOOM or Skype, is utilized. Regardless of anyone's individual feelings about state mandates, the governor, or government policies, we must move forward into 2021 doing what is best for our organization and its membership. It would be devastating to BBSA if we held an event where someone became sick.

Before writing this, I looked up ways to boost the immune system. The list included: time outside, exercise, and vitamin D. Of course, the list included things your mom taught you such as eating vegetables, which isn't all that fun. Luckily for all of us, a sailing association membership should have no problems achieving time outside, exercise, and getting vitamin D while out in the sun and having fun! I hope to hear stories of all of you getting out on your boats on warmer days, working on your boats, walking your neighborhoods to look at Christmas lights, and fun family time spent at home around a fire pit.

The board and I are looking forward to 2021, the pandemic easing, and a return to normal activities. Until then, please stay safe and healthy. If you need anything, please let us know.

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